Castle-Newsletter

3605 Hospital Road, Atwater (209) 381-2000 www.castlefamilyhealth.org VOLUME 3, ISSUE 1 JANUARY 2012





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A Word From The CEO

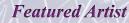
As we begin our new year faced with the ongoing threats by our state to cut services, reduce benefits and cut payments for all medical services, while our own nation is facing record unemployment and deficits. We at Castle Family Health Centers stand by commitment to serve your health, your mind and your soul. We continue to grow and expand to ensure that we are able to meet your needs today and in ten years from now. Stop by and see all the new changes continually happening at Castle.

Edwar W. Lugis

Castle Proudly Announces Its New Kid-Friendly Pediatric Wing



Castle Family Health Centers has added a kid-friendly pediatric wing. At Castle Family Health Centers, we recognize that it's important for your child to see a doctor that specializes in the care and treatment of your child. Our pediatricians and the caring staff can help make sure that your child grows up healthy from head to toe. We'll also help you monitor your child's health, explain what you can expect for your child's growth and development, as well as diagnose and treat any illnesses your child may have. Schedule an appointment at (209) 726-1235 with one of our pediatricians: Dr. Bhatta, Dr. Hamernik or Dr. Dua.



Travis Cuellar, a resident of Madera, provided the circus artwork for the new pediatric wing that greets patients and carries over to the 10 exam rooms. Check us out on Facebook for artist contact information.

Cervical Cryotherapy: Your Alternative to Conventional Surgical Removal of Cervical Lesions



Cervical cryotherapy is a procedure which involves freezing an area of abnormal tissue of the cervix with an instrument (cervical cryoprobe) that cools the area to sub zero temperatures. The cells destroyed by freezing are shed afterwards in a heavy watery discharge. This procedure is effective in 85% of the cases. The after effects of cryotherapy are watery discharge and slight cramping. For more information or to schedule an appointment contact our Women's Clinic.

WOMEN'S HEALTH CLINIC

(Inside Bloss Medical Building) 1251 Grove Avenue Atwater, CA 95301 (209)357-2099

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A Day of Service



Saturday, March 10, 2012 10:00am - 2:00pm SOROPTIMIST Bloss Medical Center

1251 Grove Ave., Atwater, CA 95301 (By Raiston Park - Between 3rd & 5th St)

A collaborative event by Castle and Soroptimist International of Atwater

- * FREE MEDICAL SCREENINGS
- *** FREE REFRESHMENTS**
- *** RAFFLE PRIZES & MORE...**

For more information or a booth call (209) 381-2000 Ext. 7210

Day Break

ADULT DAY HEALTH CARE

1251 Grove Avenue, Suite E, Atwater, CA 95301 (209) 357-0765



We offer the following:

- Therapeutic Activities
- Nursing Services
- Maintenance and Restorative **Therapies**
- Nutritional Services
- Counseling
- **Psychological Services**
- Bilingual Staff
- Transportation Services Available

"We strive to maintain your patients' health so that they can continue to live at home. By coming to Day Break the caregiver also gets a respite."

New Pediatrician Joins Castle



"As a pediatrician and as a physician in general, I strongly believe that it is every health provider's responsibility to take care of the "Future" of the world - The Children. This may sound a herculean task, but, with dedication, compassion and more importantly, competency, this seemingly lofty goal is realistic and attainable."

Dr. Cesar Dua has been serving as a pediatrician in the valley area for the past 14 years. Dr. Dua joins a team of pediatricians located at our new pediatric wing, at the clinic main entrance. He can also be found at our Bloss Clinic. Call for current schedule.



Currently accepting new patients.

For an appointment call (209) 726-1235.

A Little Bit Of Yarn Goes A Long Way

During the last 3 years, Castle Family Health Centers has assisted the Atwater Federal Penitentiary in providing the inmates with an annual health fair catered to men's health related topics. Stephen Caes, the Supervisor of Recreation for the Penitentiary came to Castle this year and returned the favor of our participation by making a donation on behalf of the inmates with a variety of handmade crochet hats, scarfs and animals to be shared with our patients of our pediatric department. Truly the talent and contributions by the inmates will make many of our children's heads and hearts warm this cold winter season.

